



Teachers: Here are some ideas to get you started (please note that projects should be age/grade appropriate):

Language Arts:

- Each child to write (or draw a picture based on age group) of what they learned about produce/healthy eating at the end of the week
- Assign related vocabulary/spelling words such as fruit, vegetable, nutrient, vitamin, mineral, fiber, energy, etc.
- Assign books to read and ask students to write or give brief verbal book reports.

Supporting Reading Materials:

Pulley, April. *Rah, Rah, Radishes!: A Vegetable Chant*. Beach Lane Books, 2011.

Browne, Eileen. *Handa's Surprise*. Candlewick, 1999.

Nagro, Anne. *Our Super Garden: Learning the Power of Healthy Eating, by Eating What We Grow*. Dancing Rhinoceros Press, 2010.

Charney, Steve, and David Goldbeck. *The ABC's of Fruits and Vegetables and Beyond: Delicious Alphabet Poems Plus Food, Facts and Fun for Everyone*. Ceres Pr, 2007.

Storper, Barbara. *Janey Junkfood's Fresh Adventure!: Making Good Eating Great Fun!*. Foodplay Productions, 2008

Gibbons, Gail. *The Vegetables We Eat*. Hubsta Ltd, 2007.

Child, Lauren. *I Will Never Not Ever Eat a Tomato*. Candlewick, 2003.

Science:

- Make a creative project out of produce (i.e. house, car)
- How fruits and vegetables help our bodies (teaching of different nutrients such as fiber, vitamins and minerals in different foods)
- Learn about and classify the different edible parts of plants (i.e. roots, stems,

leaves flowers, fruits, seeds)

Math:

- Fractions with apple/orange slices
- Addition/subtraction with grapes
- Learn about measures/amounts as a part of recipe development
- Chart fruit and/or vegetable intake on a graph